

QP CODE: 112011

Reg. No:.....

First Year Post Basic B.Sc Nursing Degree Examinations October 2017

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- **Answer all questions**
- **Draw diagram wherever necessary**

Short Essays:

(3x7=21)

1. Plan a day's menu for a person suffering from diabetes mellitus and list out the foods to be taken and avoided by a diabetic patient
2. Discuss any two common nutritional problems faced by our country.
3. Discuss routine hospital diets.

Write short notes on:

(2x4=8)

4. Canning
5. Moist heat method of cooking

Answer briefly:

(2x3=6)

6. Define weaning
7. List out the sources of vitamin A
